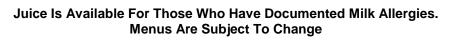
## 2017-18 SCHOOL LUNCH MENU



1% White or Fat Free Chocolate Milk with Each Lunch





| Week of | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|---------|--|---|--|--|---|
| 10-23   | Pizza with Whole Wheat<br>Crust<br>Green Beans<br>Tossed Greens Salad<br>Applesauce    | Hamburger on Whole<br>Wheat Bun<br>Oven French Fries or Tater<br>Tots<br>Carrots<br>Tossed Greens Salad<br>Mixed Fruit                  | Whole Grain Pasta with<br>Meat Sauce<br>Green Beans<br>Tossed Greens Salad<br>Diced Peaches        | Pulled Pork BBQ Sandwich<br>French Fries<br>Diced Pears<br>Tossed Greens Salad                                       | Hot Ham and Cheese on a Wheat Bun Chicken/Beef Soup with Vegetables Tossed Greens Salad Applesauce No School APS School-Age and Pre-K Program                     |
| 10-30   | Pizza with Whole Wheat<br>Crust<br>Wax Beans<br>Tossed Greens Salad<br>Diced Pears     | Chicken Fajita Strips Rice or Noodles Tossed Greens Salad Peas and Carrots Applesauce   | Macaroni and Cheese<br>Ham<br>Tossed Greens Salad<br>Stewed Tomatoes<br>Diced Peaches              | Wendy's Breakfast Bake: Egg/Cheese Casserole with Spinach Sausage Patty Broccoli Mandarin Oranges Apple/Orange Juice | Sloppy Joes on Whole<br>Wheat Bun<br>French Fries<br>Green Beans<br>Tossed Greens Salad<br>Mixed Fruit  |
| 11-6    | Pizza with Whole Wheat<br>Crust<br>Green Beans<br>Tossed Greens Salad<br>Diced Peaches | Hamburger on Whole Wheat Bun Oven French Fries or Tator Tots Carrots Tossed Greens Salad Mixed Fruit NO SCHOOL E.I. PRESCHOOL           | Chicken Pasta with<br>Broccoli Casserole<br>Carrots<br>Tossed Greens Salad<br>Diced Pears          | Hamburger Gravy over<br>Mashed Potatoes or Rice<br>Mandarin Oranges<br>Tossed Greens Salad<br>Wax Beans              | Grilled Cheese Sandwich<br>on Whole Wheat Bread<br>Tomato Soup<br>Tossed Greens Salad<br>Applesauce<br>Green Beans  |
| 11-13   | Pizza with Whole Wheat<br>Crust<br>Carrots<br>Tossed Greens Salad<br>Mixed Fruit       | Turkey and Cheese<br>Sandwich on Whole Wheat<br>French Fries<br>Tossed Greens<br>Salad/Fresh Veggie Cup<br>Green Beans<br>Diced Peaches | Spanish Rice with diced peppers Tossed Greens Salad Applesauce or Apple Slices Green and Wax Beans | Wendy's Breakfast: Pancakes with Syrup Eggs Sausage/Ham Mandarin Oranges Apple/Orange Juice Sweet Potato             | WOW Butter and Jelly<br>or Egg Salad Sandwich on<br>Wheat<br>Tossed Greens Salad<br>Homemade Chicken,<br>Diced Ham or Bean Soup<br>with Vegetables<br>Diced Pears |

For Substitute Lunch the ELBS Cafeteria is now using "WOWBUTTER" (100% PEANUT FREE) for our "WBJ" sandwich or a choice of a cheese sandwich